



# Encinitas Student Info



## Address

Bikram Yoga College of India  
1410 North Coast Hwy 101  
Encinitas, CA 92024

## Phone

760-944-0146

## E-mail

info@bikramencinitas.com

## Directions

From Interstate 5 North  
Exit at Leucadia Blvd.  
Left on Leucadia Blvd.  
Right on N. Coast Hwy 101.  
Bikram's Yoga is on the west side of the street, at the corner of Jupiter and Hwy 101, upstairs on the right.

From Interstate 5 South  
Exit at La Costa Ave.  
Right on La Costa Ave.  
Left on N. Coast Hwy 101.  
Bikram's Yoga is on the west side of the street, at the corner of Jupiter and Hwy 101, upstairs on the right

## Rates

New Student: \$10 (arrive 10 mins early)  
Second Class: FREE  
Drop-in: \$15  
5 classes within 3 months: \$45  
10 classes in 3 months: \$85  
1 month unlimited: \$120  
3 months unlimited: \$300  
Mat rental: \$1  
Towel rental: \$2  
Water bottle: \$1

## Schedule\*

	Mon	Tue	Wed	Thu	Fri	Sat   Sun
AM	-	-	-	-	-	8:00
	9:00	9:00	9:00	9:00	9:00	10:00
PM	12:00	-	12:00	-	12:00	-
	4:30	4:30	4:30	4:30	4:00	4:00
	6:30	6:30	6:30	6:30	6:30	-

\*schedule subject to change holidays. Call or visit web site for updates.

Bikram's Yoga is a 90 minute all levels class, done in the heat, to promote strength and flexibility. Please bring a water bottle, mat, hand towel, and one large beach towel. Come on an empty stomach. We'll see you in yoga!